Dear Parents, Students and Friends of Cheltenham Primary School

Welcome to State Education Week: ‘Technology. Create your Future.’

This week our school has the opportunity to showcase our programs to our present and future school community.

Tuesday’s Open Morning was a great success! Many present parents took the opportunity to visit their children’s classrooms to observe Literacy, Numeracy, Science, the Arts, Physical Education and Investigative learning through traditional and innovative technologies.

Our prospective new families were welcomed into classrooms by our enthusiastic students and teachers, eager to elaborate on their learning and teaching styles and programs.

We have so much to be proud of in our school. Our students are keen to learn and are excited by the challenges presented by our team of caring and dedicated staff. All of our staff: school leaders, classroom and specialist teachers and our support staff are justifiably proud of our school – the opportunities afforded our students are exceptional. Our families are supportive, assisting in our students’ education in a myriad of ways.

The Information Evening on Thursday, 19th May at 7.00pm will provide prospective families with the opportunity to learn about our curriculum in some depth. The number of new parents booking tours to view our students in action is a testament to school excellence and the pride taken by our current families in their school.

Regards

Christine

Christine Day
Leading Teacher/P-2 Coordinator
SIBLING ENROLMENT FOR 2017

Does your child have a younger sibling eligible to start Cheltenham Primary School in 2017? Please come and collect an Enrolment Form from the front office. Sibling enrolments will close by end of this term – please contact the office for an enrolment package.

SUPERVISION OF STUDENTS- BEFORE AND AFTER SCHOOL

Families are reminded that teachers are on supervision in the school yard from 8.45am and again in the afternoon until 3.45pm. We encourage children to commence arriving at school from 8.45am onwards, when our front entrance gates are open. In this regard children will arrive in plenty of time ready to commence their learning promptly at 9am.

For any early arrivers, OSHC (Camp Australia) is available from 7.15am onwards. If you require Out of School Hours Care please go to the Camp Australia Website to register at www.campaustralia.com.au or you can call them on 1300 105 343.

Congratulations to Billy H (1/2B), Ben B (3/4A), Oliver R (3/4D) and Arabella J (3/4C) for completing the Premier’s Reading Challenge! Everyone’s doing so well with the reading challenge – Miranda and I receive checklists every day. A tip I can offer older children – if you’re reading a more difficult book, maybe break it up a bit by reading and finishing a picture book (in your grade challenge list). That way you won’t feel bogged down with trying to complete the challenge.

Happy reading!

Nalini Bradford & Miranda Brett
PRC Coordinators
YOU CAN DO IT
Organisation is the You Can Do It foundation for this term. Being organised means knowing your timetable, having everything you need ready and using time efficiently. It means remembering your musical instrument on the day of your lesson and runners for sport. Being prepared and organised means you can do a good job. It means setting a goal which can help you be successful. **These students have won YCDI awards this week!**

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<tr>
<th>Grade</th>
<th>Winner</th>
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<td>PA</td>
<td>Lilly P</td>
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<td>PB</td>
<td>Letitia K</td>
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<td>Jasper M</td>
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<td>Mia B</td>
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<td>Aidan F</td>
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<td>Ethan C</td>
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<td>06B</td>
<td>Ashley H</td>
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<tr>
<td>Kitchen Classroom</td>
<td>Cameron F (PC)</td>
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CANTEEN REVIEW
The Canteen Sub Committee is taking the opportunity to review our school canteen. A meeting will be held on **Thursday, 19th May at 9.00am** in the staffroom. If you have any constructive suggestions/comments, please come along to share your ideas at this meeting. A questionnaire will be distributed soon, which can be completed if you are unable to attend the meeting.

Suzie Norwood
Canteen Sub Committee Convenor

LIBRARY NEWS
Next Wednesday, 25th May is National Simultaneous Storytime at 11.00am. We will join over 500000 other people across Australia to read *I got this Hat*, written by Jol and Kate Temple. Prep students are all coming to the Library to hear Judy Davies read the story. Other grades will be participating in classrooms.

National Simultaneous Storytime is an annual campaign run by the Australian Library and Information Association that aims to encourage more young Australians to read and enjoy books. Now in its 16th successful year, it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children’s book that explores age-appropriate themes and addresses key learning areas of the National Curriculum for Years 1 to 6 and the pre-school Early Learning Years Framework.

**Book Club**
Due date for all book club orders is **Monday, 23rd May**.

**Book Fair**
Open Day is on Wednesday, 8th June 8.30am to 5.30pm. More information will be in next week’s newsletter.

Isobel Rose
Library Technician
**TREE UPDATE**

I would like to advise that over the weekend the large lemon scented gum that posed a risk to our community was removed without damage to the music room or our grounds.

I am also very happy to report that its main log was craned out in one piece, after being commissioned by a furniture maker. This means that our lemon scented gum will continue to provide beauty and enjoyment to others, albeit in a new form!

We have commenced fertilising the garden bed in preparation for new plantings and will be seeking input from our children about what they would like to see planted in its place.

*Bronwyn, Principal (Acting)*

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**FOOD ALLERGY AWARENESS WEEK**

This week is Food Allergy Awareness Week (15th-21th May 2016). Many members of our school community both children and adults live with food allergies. A food allergy is an “… immune system response to a food protein that the body mistakenly believes is harmful. When the individual eats food containing that protein, the immune system releases massive amounts of chemicals, triggering symptoms that can affect a person’s breathing, gastrointestinal tract, skin and/or heart.” [www.foodallergyaware.com.au](http://www.foodallergyaware.com.au)

This year during Food Allergy week communities are being encouraged to ‘Be aware. Show you care. Paint a nail today’. As a school we encourage all in our community to support food allergy awareness week by painting one nail in support and reading the information in today’s Orchid about food allergies.

If you have a child with allergies we also ask that you consider participating in the survey from Dr Karena Burke who is conducting research into the impact having a child with allergies has on the family unit. Please refer to the flyer at the end of this newsletter for further information.

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**NOTICE TO SCHOOL COMMUNITY FROM THE SECRETARY OF PTFA**

The PTFA held an extraordinary meeting on Tuesday, May 10th to vote on the change to the Constitution, specifically, the date of the Annual General Meeting (AGM) to make the transition smoother for ‘outgoing’ and ‘incoming’ committees. Also to ensure that each committee is elected for full calendar year. A vote was taken. All agreed.

The date of the AGM will now be held each year in November, instead of June. The updated constitution for the Cheltenham Primary School PTFA will be sent to the appropriate department within the Department of Education.

To enable a smooth transition to the new AGM date, a vote was also taken to extend the current committee’s period of office from June 2016 to November 2016. A vote was taken. All agreed. The current PTFA committee will now hold their positions until November 2016. At which time they will step down at the AGM and a new committee will be voted in.
Food Allergy Basics

- A food allergy is an immune system response to a food protein that the body mistakenly believes is harmful. When the individual eats food containing that protein, the immune system releases massive amounts of chemicals, triggering symptoms that can affect a person’s gastrointestinal tract, skin, breathing and/or heart.

- Symptoms of food allergy can include; hives, swelling of the lips, face and eyes, vomiting abdominal pain, swelling of the tongue, breathing difficulty, persistent dizziness or a sudden collapse. If left untreated, these symptoms can be fatal.

- It is estimated that up to 2% of adults, 1 in 10 babies* and 6% of children have food allergy and some of them will experience a life-threatening allergic reaction (anaphylaxis).

- There are more than 170 foods known to have triggered severe allergic reactions. Examples include kiwi fruit, banana, chicken, mustard and celery.

- Currently, there is no cure for food allergy. Avoidance of the food is the only way to prevent a reaction.

- Adrenaline is the first line treatment for severe allergic reactions and can be administered via an auto-injector called the EpiPen*.

- Food allergy is the leading cause of (severe reactions) anaphylaxis outside the hospital setting.

- An estimated 10 people die from anaphylactic reactions each year in Australia and some of these are triggered by food. We do not know exact numbers because there is no register collecting data.


Permission is granted to make copies of this document for educational and awareness raising purposes only.

Last updated May 2015
Do you have a child with a Food Allergy, Food Intolerance or Coeliac Disease?

We’d like to know your story!

Dr Karena Burke and colleagues are undertaking a project to explore the impact having a child diagnosed with a food hypersensitivity has on a family unit.

- How did you adjust?
- What did you have to change?
- What barriers did you face in obtaining treatment and support?

These are some of the questions we’d like to explore - We’re interested in the challenges, as well as the positives, and what you went through in the lead up to your child’s diagnosis.

**Interested?**

We’d like you to complete a short survey, which will take about 15-20 minutes, and then if you are willing, to take part in a family focus group where we will come and speak to you, your child and your other family members.

Please help us understand your family’s journey!

The survey can be accessed through the following link:

https://cqu.fluids Surveys.com/s/eatingenemies2016/AA/

For more details contact Dr Karena J. Burke kj.burke@cqu.edu.au or 0417 929 827
DID YOU KNOW?

The Eastern Barred Bandicoot is extinct in the wild but there are three protected areas in Victoria where they live.

So Cheltenham Primary School is going to adopt a bandicoot as part of the common cents challenge!

On Friday, 27th May students are asked to bring a $2 coin (or a few) to school. The Environment leaders are going to collect the money and line it up along the volleyball court.

Our aim is to go right around the whole court!

The money will go to adopting a bandicoot for our school. Any excess money will go towards making our school more environmentally sustainable.

Don’t forget to bring your $2!
THE WIND IN THE WILLOWS - KENNETH GRAHAME

By Chloe W

The Book!

The main thing about this book is that Toad got himself captured and freed himself. And the other thing is planning for the attack!

CHARACTERS

The characters are: Water Rat, Mole, Toad, and the Badger.

MY OPINION

I did like this book. My favourite part was when they attacked the weasels. I loved it!

RECOMMENDATION

I recommend it to my friends; if s/he can read very small writing!
EXPRESSION OF INTEREST – GUITAR LESSONS

Some of our students have expressed an interest in learning guitar. We have sourced a guitar tutor, Daniel Wormell, who is very experienced in teaching guitar to primary aged children (Year 3-6 only). Daniel is available for private and group instrumental lessons on Wednesday mornings. If you would like your child to participate in guitar lessons at Cheltenham Primary, could you please complete the Expression of Interest slip below and also review the information on Daniels pamphlet. Please do not enrol your child at this stage, as the school will contact Daniel based on the express of interest we receive and he will contact families directly.

EXPRESSION OF INTEREST

INSTRUMENTS:
D Guitar

SCHOOL: _____________________________________________
STUDENT: ___________________________________________
AGE: ______________________________________________
PARENT/GUARDIAN: _________________________________
ADDRESS: __________________________________________
PHONE:(H) ____________________(M) ____________________
E-MAIL: _____________________________________________

LESSON STYLE:
Lessons: 30min sessions
D Group Lessons - max. 4 students $14
D Semi-Private Lessons - max. 2 students $20
D Private Lessons: $28

SIGNATURE: ___________________________ DATE: ____________

All ages and abilities. Lessons are open to students and members of the public of all ages from primary school to secondary school and adults.

Enthusiastic and vibrant teachers who spark the creativity of all students.

Lessons are customized to each student to ensure they are engaged and happy while learning the techniques of the instrument and theory.

Be it playing a favorite song, writing a hit single or acing an exam DW Music tuition can help you get there.
On the 20th to 25th of March, the Year 4s of C.P.S did their first lesson of Bike Education also known as Bike Ed.

We had outdoor and indoor sessions. For outside we had Mr. C as our instructor. We all had lots of fun, first we got split up into groups and then we got sent off to different parent helpers or teachers. Some of the activities included: practicing riding in straight lines, zig zag between cones, we also did going around a fake round about. One activity involved signalling practise which was where we had cones set out acting as cars which we had to stay a metre away from. We also learnt how to ride in pairs next to each other. It was harder than I thought!

Afterwards we went into Mrs Dleski’s room. For our first session we watched a Bike video about road safety. In the 2nd and 3rd sessions we looked at road safety. In our last indoor session we had a big piece of paper and we had to draw a diagram of road safety using pebbles as bikes and toy cars as cars. We all had lots of fun and are looking forward to next year’s Bike Ed.

In conclusion we all had a blast and we would love to thank all of our parent helpers and teachers for helping us 😊

By: Morgan G 3/4 A
Dear Families

The school will be closed for a Pupil Free Day on Tuesday 14th, June 2016 and Camp Australia is looking at offering a care program to all families.

In order for Camp Australia to run a program for the day, a minimum enrolment of 18 children will be required. Operating hours will be 7:00am to 6:00pm. Bookings are open online and must be made by Tuesday, 7th June 2016. Our 7 day Cancellation Policy applies, parents will be notified by that date if the program will not go ahead. To book, visit www.campaustralia.com.au or call our friendly Customer Service Team on 1300 105 343.

Children should come dressed in casual clothes along with morning tea and lunch. Afternoon tea will be provided.

Pupil Free Day!
Tuesday 14th June 2016

Come and join the fun with us at our upcoming Pupil Free Day

When: Tuesday 14th June 2016
Time: 07:00 to 18:00
Where: The Before and After School Care Room at Cheltenham Primary School
Fees: $55.00*
Out of Pocket guide (with rebates)*: $8.85 to $27.50

Bookings: Must be made by Tuesday 7th June 2016

There's lots to do and lots of fun to be had with your friends and the Camp Australia Team at the upcoming Cheltenham Primary School.

To book visit www.campaustralia.com.au or call our friendly Customer Service Team on 1300 105 343.

We look forward to seeing you soon!

Cheltenham Primary School Camp Australia Team.